

Urban District Council of Budleigh Salterton



ANNUAL REPORT
OF THE
MEDICAL OFFICER OF HEALTH
FOR THE YEAR
1960



I N D E X

<u>Paragraph</u>		<u>Page</u>
	Introduction.....	1
	Staff.....	2
1.	Statistics of the area.....	3
2.	Vital Statistics.....	3 - 4
3.	Live Birth Rate.....	4
4.	Illegitimate Birth Rate.....	4
5.	Still Births.....	4
6.	Deaths.....	5 - 7
7.	Infant Mortality.....	7
8.	Deaths from Zymotic Diseases.....	7
9.	Cancer.....	7 - 8
10.	Infectious Diseases.....	8 - 9
11.	Tuberculosis.....	9
12.	National Health Service.....	10
	Hospital Facilities.....	10 - 11
	Laboratory Facilities.....	11
	Venereal Disease.....	11
	Ambulance Facilities.....	11
	Care of Mothers & Young Children.....	12
	Maternity.....	12
	Care of Premature Infants.....	12
13.	Water Supply.....	13
14.	Rodent Control.....	13
15.	Drainage and Sewerage.....	13
16.	House Refuse.....	13
17.	Housing.....	13
18.	Food.....	14
19.	Factories Act.....	15 - 17

BUDLEIGH SALTERTON URBAN DISTRICT COUNCIL

Council Offices,
Budleigh Salterton.

July, 1961.

Mr. Chairman, Lady and Gentlemen,

I have much pleasure in submitting to you my Annual Report for the year ending 31st December 1960. This report includes a section kindly supplied by the Public Health Inspector and Surveyor & Engineer.

Regarding the vital statistics of the Urban District, according to the Registrar General, the estimated resident population has risen from 3,800 in 1959 to 3,890 in 1960. The live birth rate of 9.5 is slightly higher than that for the previous year, but is considerably lower than that for England & Wales (17.1). The standardised death rate of 11.4 was practically the same as that for England & Wales (11.5).

I am pleased to report that the number of deaths from Cancer were during 1960 only about a half of the number for the previous year.

The incidence of notifiable infectious diseases was higher than the previous year - most of these being Measles. I am pleased to record that there were no cases of Poliomyelitis, Diphtheria, Dysentery or Food Poisoning notified during the year.

I should again like to take this opportunity of expressing my appreciation for the help and support which all members of the Council have given me and to thank the Public Health Inspector and the Clerk to the Council for their co-operation and able assistance given to me during the year.

I have the honour to be,

Your obedient Servant,

L.G. ANDERSON,

Medical Officer of Health.

S T A F F

MEDICAL OFFICER OF HEALTH:

L.G. ANDERSON, M.D., Ch.B., D.P.H.

PUBLIC HEALTH INSPECTOR, SURVEYOR & WATER ENGINEER:

Mr. P.M. Walsh, L.F.S., C.R.S.H.



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(d) Infant Mortality

(Deaths of infants under 1 year of age)

	Males	Females	Total
Legitimate	-	1	1
Illegitimate	-	-	-
Total	-	1	1

Infant mortality per 1,000 live births 27.0

Infant mortality per 1,000 live births England & Wales 21.7
(Lowest ever recorded in this country).

3. LIVE BIRTH RATE

During 1960, 21 male and 16 female, total 37 infants were born, which is 2 more than last year. The standardised birth rate increased from 12.6 in 1959 to 13.0 in 1960.

The following table shows the live birth rate during the last 10 years:-

	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
Budleigh										
Salterton	10.6	10.8	10.0	8.6	8.5	9.6	9.9	9.7	9.2	9.5
Standard- ised	12.6	12.9	12.0	11.8	11.7	12.4	13.6	13.2	12.6	13.0
England & Wales	15.5	15.3	15.5	15.2	15.0	15.7	16.1	16.4	16.5	17.1

4. ILLEGITIMATE BIRTH RATE

Of the 37 infants born during 1960, 3 were illegitimate.

The illegitimate birth rate for the last 10 years is as follows:- (Rate per 1,000 total live births).

1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
25.0	50.0	26.0	78.0	30.3	108.1	105.2	108.1	171.4	81.1

5. STILL BIRTHS

There was 1 stillbirth during the year.

6. DEATHS(a) Causes of Death

The following table shows the causes of death (data supplied by the Registrar General).

	Males	Females	Total
Tuberculosis Respiratory	-	-	-
Syphilitic Disease	1	-	1
Cancer			
Malignant neoplasm stomach	-	-	-
Malignant neoplasm lungs and bronchus	2	1	3
Malignant neoplasm breast	-	1	1
Malignant neoplasm uterus	-	-	-
Other Malignant and lymphatic neoplasms	3	3	6
Leukaemia, Aleukaemia	1	-	1
Coronary disease, angina	13	6	19
Hypertension with heart disease (High blood pressure)	-	2	2
Other Heart Diseases	3	6	9
Diabetes	-	1	1
Other circulatory diseases	-	1	1
Vascular lesions of the nervous system	4	12	16
Other diseases of the respiratory system	1	-	1
Influenza	-	-	-
Pneumonia	-	-	-
Nephritis & Nephrosis	2	-	2
Gastritis, enteritis & diarrhoea	-	-	-
Hyperplasia of prostate	1	-	1
Bronchitis	4	-	4
Ulcer of stomach & duodenum	-	-	-
Other defined and ill-defined diseases	3	4	7
Congenital Malformations	-	-	-
Motor vehicle accidents	1	1	2
All other accidents	-	3	3
Suicide	-	1	1
TOTAL	39	42	81



Of the whole population residing in the urban district, 81 died (39 males and 42 females) which represents a corrected death rate of 20.8 but which when allowance for age and sex distribution has been made represents a "standardised" death rate of 11.4. This rate is lower than that of England and Wales as a whole (11.5).

The following table shows the "Corrected" and "Standardised" death rates for Budleigh Salterton urban District for the last 10 years:-

	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
Corrected	20.8	17.2	18.5	22.5	19.1	18.1	21.1	19.6	17.7	20.8
Standardised	11.7	9.6	10.3	11.2	9.7	9.9	11.6	10.8	10.8	11.4
England & Wales	12.5	11.3	11.4	11.3	11.7	11.7	11.5	11.7	11.6	11.5

As in preceding years the most prevalent causes of death were diseases of the heart; 30 cases (37 %). Cancer caused 10 deaths (12.3%) and vascular lesions of the nervous system (cerebral haemorrhage, thrombosis etc.,) caused 16 deaths (19.8%)

Two motor vehicle accidents were recorded:

A man, aged 55 - haemorrhage due to Toxaemia following fractured tibia when the car which he was driving collided with another car.
A woman, aged 54 - fractured tibia when car collided with another car.

There were also three other accidents notified.

There was one suicide in the urban district - a woman, aged 76 years - drowning - suicide while the balance of the mind was disturbed.

(b) Age at death

The average age at death during 1960 was 74.0 years and is below that for the previous year. The following table shows the average age at death during the last 10 years:-

	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
Males	75.6	73.0	73.0	72.5	73.1	67.5	73.2	75.2	73.7	71.7
Females	74.7	74.4	77.3	77.6	77.9	74.4	72.9	76.6	78.4	76.2
England M	66.5	65.9	57.1	67.3	67.6	67.5	67.8	67.7	67.8	68.0
& Wales F	71.2	70.9	72.3	72.4	73.1	72.9	73.3	73.3	73.6	73.7
#										

* Expectation of Life

On the basis of the mortality experience of the three years 1957-59 the expectation of life of a boy at birth is 68.0 years and of a girl 73.7 years. This compares with 48.43 and 52.38 on the basis of the death rates for 1901-1910.

The following table shows the incidence of death at various age groups (from returns supplied by the local Registrar of Births and Deaths).

	Males	Females	Total	Percentage
Under 1 year	-	1	1	1.23
1 and under 2	-	-	-	-
2 +	-	-	-	-
5 +	-	-	-	-
10 +	-	-	-	-
20 +	-	-	-	-
30 +	-	-	-	-
40 +	-	-	-	-
50 +	4	4	8	9.9
60 +	12	2	14	17.3
70 +	15	14	29	35.8
80 +	8	17	25	30.9
90 - 100	-	4	4	4.9
All ages	39	42	81	

7. INFANT MORTALITY (Rate per 1,000 live births)

Budleigh Salterton - 27.0 (1 female)
 England & Wales - 21.7

8. DEATHS FROM ZYMOTIC DISEASES - Nil

9. CANCER

During 1960, 10 cases of deaths from Cancer were recorded. The various parts of the body affected are shown in the following table:-

	Males	Females	total
Stomach	-	-	-
Lungs and bronchus	2	1	3
Breast	-	1	1
Uterus	-	-	-
Other malignant and lymphatic neoplasms	3	3	6
TOTAL	5	5	10

The incidence of deaths from Cancer during the last 10 years is as follows:-

	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
Males	6	5	4	4	8	6	6	7	10	5
Females	6	7	9	13	9	7	8	5	9	5
Total	12	12	13	17	17	13	14	12	19	10
Rate per 1,000 resident population	3.18	3.2	3.44	3.43	4.4	3.4	2.88	3.14	5.0	2.6

10.

INFECTIOUS DISEASES

(a) Measles

There were 42 cases of Measles in 1960 as compared with 17 in 1959.

(b) Diphtheria

I am pleased to report that for the 14th consecutive year there has been no case of Diphtheria in the district.

The table below shows the incidence of the various notified infectious diseases for the year 1960:-

	No. of cases notified	Deaths
Measles	42	-
Whooping Cough	10	-
Scarlet fever	-	-
Pneumonia	8	-
Polio-myelitis	-	-
Total	60	-

The following table shows the incidence of notifiable infectious diseases grouped according to age:-

	Under 1 yr.	1+	2+	3+	4+	5+	10+	15+	20+	35+	45+	65+	total
Measles	1	1	2	5	6	23	2	1	-	1	-	-	42
Whooping Cough	1	1	2	1	1	2	1	-	1	-	-	-	10
Pneumonia	-	-	-	1	-	-	-	-	-	2	2	3	8
All causes	2	2	4	7	7	25	3	1	1	3	2	2	60

The seasonal incidence of Measles in Budleigh Salterton and England & Wales for 1960 was as follows:-

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Budleigh Salterton	-	1	-	2	-	-	-	-	2	-	-	37
	1			2				2			37	
England & Wales	22,978			29,684			27,179					*

* Figures not available.



Below is tabulated the incidence (Numbers notified) of various infectious diseases during the last 10 years:-

	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960
Measles	16	13	177	6	5	95	5	49	17	42
Whooping Cough	26	1	41	8	11	42	14	7	4	10
Scarlet Fever	-	1	-	1	1	1	11	3	2	-
Diphtheria	-	-	-	-	-	-	-	-	-	-
Cerebro-spinal Fever	-	-	-	-	-	-	-	-	-	-
Erysipelas	1	-	1	1	2	-	3	-	-	-
Pneumonia	7	1	-	4	24	10	3	4	-	8
Typhoid Fever	-	-	-	-	-	-	-	-	-	-
Shame Dysentery	-	1	-	-	-	-	-	-	-	-

11.

TUBERCULOSIS

During 1960, 2 new cases of Tuberculosis were notified, both female.

AGE PERIOD	NEW CASES				DEATHS			
	RESPIRATORY		NON-RESPIRATORY		RESPIRATORY		NON-RESPIRATORY	
	M	F	M	F	M	F	M	F
0-1								
1-								
5-								
15-				1				
25-				1				
35-								
45-								
55-								
65-								
All ages	-			2	-			-
		2				-		

The number of cases still on the Tuberculosis register at the end of the year is as follows:-

	Males	Females	Total
Pulmonary	14	14	28
Non-Pulmonary	5	15	20
Total	19	29	48



12. NATIONAL HEALTH SERVICE ACT

The Health Services provided by the Local Health Authority (Devon County Council) under Part II and III of the Act as applicable to your District are briefly set out below:-

PART II(a) HOSPITAL FACILITIES(i) General

The urban district is well served by the Budleigh Salterton Cottage Hospital (Tel.No: Budleigh Salterton 20) where there is accommodation for:-

Male	8 beds
Female	8 beds
Private Ward	2 Beds
Amenity Ward	1 bed
General Ward	2 beds

In addition to the above, use is made of:-

1. Royal Devon & Exeter Hospital, Southernhay East, Exeter.
(Tel.No: Exeter 72261) - 302 beds.
2. Princess Elizabeth Orthopaedic Hospital, Buckerell Bore, Exeter ('phone 54217), 110 beds. (Also 35 at the Angela Home, Tipton St. John.
3. West of England Eye Infirmary, Magdalen Street, Exeter, ('phone 73183), 62 beds, including 2 private beds.
4. Exmouth Cottage Hospital, Claremont Grove, Exmouth.
(Tel.No: Exmouth 4361) - 41 beds.

(ii) Maternity

1. Redhills Hospital, St. Thomas, Exeter - 10 beds.
2. Howbray House, Exeter - 24 beds.
3. Exeter City Hospital - 260 beds altogether, which includes 41 maternity beds and 10 cots for premature babies.

(iii) Isolation

Cases of infectious diseases are admitted to the Isolation Hospital, Whipton, (Tel.No: Exeter 67158) as in previous years.

I would like to record my sincere appreciation for the ready help and co-operation given at all times by Dr. Boyd, the Resident Physician and Staff of the hospital.

(iv) Smallpox

A smallpox hospital of 28 beds at Upton Pyne, administered by the Regional Hospital Board is available in case of need, (Tel. Stoke Canon 207).



Should your Medical Officer of Health require the services of a consultant, arrangements have been made to call upon:-

1. East Devon Dr. E.J.C. Wallace, Tel.No.
1645 and 16
Health Centre,
Westham Road, Weymouth: 1513
WEYMOUTH, Dorset. (home)
2. Cornwall & Devon to the River Exe

Dr. E.F. Johnstone, 64311 and 61437
Isolation Hospital, Plymouth: 3358
PLIMOUTH. (home)
3. Devon & Cornwall

Dr. W.L. Lister, Plymouth: 5701
7, The Crescent, Devonport: 40
PLIMOUTH. (home)

(b) LABORATORY FACILITIES

Bacteriological and Serological examinations are carried out at the Public Health Laboratory, Exeter - their address being: Bradninch Place, Gandy Street, Exeter (Tel: Exeter 54959) under the direction of Dr. B. Moore, whose ready co-operation and help I wish to acknowledge.

(c) VENEREAL DISEASE

Under the present scheme free advice and treatment is available to all persons at the following centre:-

<u>EXETER</u>	<u>MALES</u>	<u>FEMALES</u>
Royal Devon & Exeter Hospital	Mon 7 - 8 p.m. Fri. 2 - 3 p.m.	Mon. 6 - 7 p.m. Fri. 3 - 4 p.m.

(d) AMBULANCE FACILITIES

Three ambulances are maintained at the Ambulance Station, Bastin Hall, Elm Grove, Exmouth (Tel.No: Exmouth 2857).

As from the 5th July, 1948, the Local Health Authority became responsible for the ambulance services in the area, and at their request the Exmouth Division of the St. John Ambulance Brigade agreed to act as their agents and continue the service commenced in 1936.

In the district served, the ambulances have carried 2,705 patients in 1960 and have attended 117 street accidents and 51 home accidents. The total mileage covered during the year has been 33,354.

At the Beach First Aid Post, 725 cases were treated.
At the Ambulance Headquarters, 122 were treated.



PART III(b) CARE OF MOTHERS & YOUNG CHILDREN

A Health Visitor is assigned to this district:
 Mrs. T.M. Barry, 1, Rock Mansions, Budleigh Salterton
 (Tel.No: Budleigh Salterton 625). Dr. N.E.R. Archer of
 Budleigh Salterton is the Medical Officer who attends the
 Infant Welfare Centre.

The Centres are held at the Church Institute, Budleigh
 Salterton on the first and third Wednesdays in each month
 from 2.0 p.m. to 4.0 p.m.

During 1960 the following attendances were made:-

No. of sessions held	Total attendances by infants	Total attendances by children 1 - 5
23	327 (No. of new cases: 39)	292 (No. of new cases: 10)

(c) MATERNITY

There is one District Nurse Midwife in this district,
 Nurse Powlesland, Burnside, Halse Hill Lane, Budleigh
 Salterton, (Tel.No: Budleigh Salterton 274). Nurse Bolt
 of The Bungalow, Yettington, (Tel.No: Colaton Raleigh 256)
 acts as relief in the absence of Nurse Powlesland. Mrs. E.
 Kemp of 16, Cliff Road, Budleigh Salterton (Tel.No: Budleigh
 Salterton 483) also practises as an independent midwife.

(d) CARE OF PREMATURE INFANTS

When necessary, arrangements can be made for the
 admission of a premature baby and its mother to the nearest
 maternity unit, in this case the Exeter City Hospital, where
 there are 10 cots available.



Report of the Surveyor and
Public Health Inspector

13. WATER SUPPLY

(a) The total quantity of water pumped during the year 1960 was 65,508,375 gallons which was 217,275 gallons more than in 1959.

(b) All domestic properties are connected to the main water supply.

During the year 17 properties were connected and two other properties were divided into six making a total of 21 new water connections.

(c) A total of 147 samples of raw and chlorinated water were taken both from the source and various points throughout the district for bacteriological analysis. All the treated samples were in Class I, some 9 of the untreated water showing slight contamination. These results are highly satisfactory.

14. RODENT CONTROL

During the year 469 baits were laid on 61 premises resulting in 114 rats being killed. 10 council properties were regularly treated.

15. DRAINAGE AND SEWERAGE

17 new properties were connected to the main sewer during the year, new drains being tested as necessary. This figure comprises of 9 houses built by private enterprise and 8 council built flats.

With a few exceptions the properties within the urban district on the line of the new Kersbrook sewer have been connected to it, and upon the completion of this scheme arrangements have been made for the remaining connections to be made. It is hoped that this new sewer and pumping station should be ready for taking over in the near future.

Sewage for disposal is also received from Knowle Village in the St. Thomas R.D.C. area and, together with the town's sewage, is discharged into the sea between one hour after high water and one hour before low water, a man being specially employed to operate the sewer valves day and night.

16. HOUSE REFUSE.

House refuse is collected once weekly from all premises within the area and additional collections are made from certain trade premises for which a special charge is made.

The controlled tip at South Farm Road has been well maintained throughout the year, a man being employed full time for this purpose.

A small income is received from the sale of waste paper and other salvage.

17. HOUSING

During the year, 9 new houses have been erected by private enterprise and 2 houses have been converted into flats to form 6 units of accommodation. In addition, 6 one-bedroom flats have been completed by the U.D.C. mainly for the housing of elderly people.

The Council at present own a total of 246 dwellings which are maintained by direct labour and a total of 435 defects are dealt with



18. FOOD

(i) The number and type of food premises in the urban district are as follows:-

Bakehouses	2
Butchers	5
Restaurants, Cafes, etc.	8
Confectioners	5
Dairies,	4
Greengrocers, etc	4
Grocers,	11
Hotels and Guest Houses	12
Delicatessen	1
	52

(ii) The number of food premises registered under (a) Section 16 of the Food and Drugs Act, 1955:

Ice Cream	14
Manufactured foods	3

(b) The Milk and Dairies Regulations, 1949 - 1954

Dairies	4
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(iii) During the year visits were made to registered premises and any necessary advice given.

(iv) No special activities regarding food hygiene have been carried out during this year.

(v) Condemned food is disposed of by burial at the Council's refuse tip.

(vi) Miscellaneous quantities of food condemned during the year are as follows:-

207 lbs. tinned ham
63 tins meat
24 tins fish
136 tins vegetables
772 tins fruit and fruit juices
15 tins miscellaneous
7 lbs tinned jam
36½ lb frozen chicken
126 " fish fingers.
2½ lb " vegetables
2 lb " potatoe chips
75 lbs dried prunes

(vii) Ice Cream (Heat Treatment, etc., Regulations, 1947-52

There are no premises in the Urban District where ice cream is manufactured.

All premises are retail establishments selling pre-packed ice cream obtained from one or other of five well known manufacturers whose factories are situate in other districts.

(viii) Food Hygiene Regulations, 1955-56

Visits were made to premises coming under the provisions of the above Regulations during the year and any necessary action taken regarding irregularities which were found.



19.

FACTORIES ACT 1937

1. Inspections for purposes of provisions as to health
(including inspections made by Public Health Inspectors).

Premises	Number on Register	Number of		
		Inspec- tions	Written Notices	Occupiers Prosecuted
1. Factories in which Sections 1,2,3,4 & 6 are to be enforced by Local Authorities.	1	3	-	-
2. Factories not included in (1) in which Section 7 is enforced by the local Authority.	10	20	-	-
3. Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises).	-	-	-	-
TOTAL	11	23	-	-

2. Cases in which Defects were found.

Particulars	Number of cases in which defects were found				Number of cases in which prosecutions were instituted.
	Found	Remedied	Referred		
			To H.M. Inspector	By H.M. Inspector	
Want of cleanliness	-	-	-	-	-
Overcrowding	-	-	-	-	-
Unreasonable temperature	-	-	-	-	-
Inadequate ventilation	-	-	-	-	-
Ineffective drainage of floors.	-	-	-	-	-
Sanitary conveniences					
(a) Insufficient					
(b) Unsuitable or defective	1	1		1	
(c) Not separate for sexes	-	-		-	
Other offences against the Act (not including offences relating to Outwork)	-	-		-	
TOTAL	1	1		1	



3. OUTWORK (Sections 110 and 111)

Below is given a table of the number of outworkers employed by factories in the district:-

PART VIII OF THE ACT

Nature of Work	Section 110			Section 111		
	No. of out-workers in August list required by Section 110	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwholesome premises	Notices Prosecuted	
	(1) (2)	(3)	(4)	(5)	(6)	(7)
Mearing) Making apparel) etc.,						
) Cleaning						
) and						
) Washing						
Household linen						
Lace, lace curtains and nets						
Curtains and furniture hangings						
Furniture and upholstery						
Electro-plate						
File making						
Brass and brass articles						
Fur pulling						
Iron and steel cables and chains (Field Coils)	2	-	-	-	-	-
Iron and steel anchors and grapnels						
Cart gear						
Locks, latches and keys						
Umbrellas, etc.						
Artificial flowers						
Nets, other than wire nets						
Lents						
Backs						
Racquet and tennis balls						



PART VIII OF THE ACT (Cont.)

Nature of Work	Section 110			Section 111		
	No. of out-workers in August list requ- ired by Section 110 (1) (c)	No. of cases of default in send- ing lists to the Council	No. of prosecu- tions for failure to supply lists	No. of instances of work in unwhole- some premises	Notices served	Prose- cutions
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Paper bags						
The making of boxes or other receptacles or parts thereof made wholly or partially of paper						
Brush making						
Pea picking						
Feather sorting						
Carding, etc., of buttons etc.						
Stuffed toys						
Basket making						
Chocolates and sweetmeats						
Cosques, Christmas stock- ings, etc.						
Textile weaving						
Lampshades						
TOTAL	2	-	-	-	-	-

